




**EFA**  
European Federation of Allergy and Airways Diseases Patients' Associations

# The Patient Perspective


Mikaela Odemyr, EFA President  
IgE 50 Years!

Session: Treatment, Stockholm, 6 October 2017



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## Mikaela Odemyr, EFA President



- EFA President since 2016, Board Member since 2015
- 2nd Vice-President of the Swedish Asthma and Allergy Foundation since 2013, Board Member since 2010
- Working for a non-profit organization **Asthma and Allergy association Svalan** in Örnsköldsvik

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**EFA is:** 

Democratic patient organisation governed by AGM who elect the board of 5 members representatives

- 42 members associations in 28 countries, from groups with over 30.000 members to 500 – over 500.000 patients/carers
- EFA represents members at the European level through EU advocacy, Awareness, sharing best practices, building capacity of members, patient evidence through projects, patient participation in EU research

In partnership with EAACI, ERS, EPF... and EU Agencies: EMA, ECHA and EFSA



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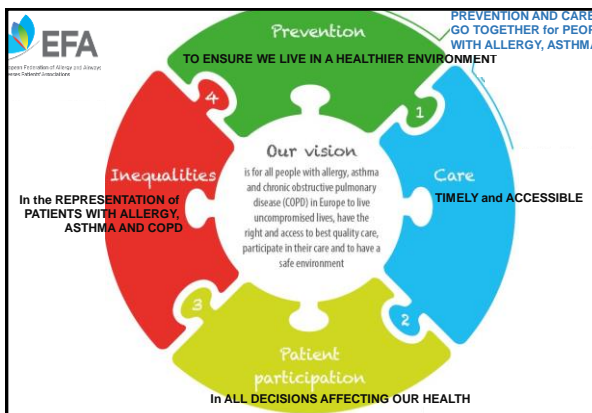



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## Still remembering, Kerstin Hejdenberg, founder of EFA President 1996-2000



Allergy, Children and Research

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## TREATMENT, patient questions and challenges to You

Cure?  
Everyday prevention!  
Effective treatment for severe disease?!

Awareness for me to be taken in consideration by others.

Confidence to be me.  
Patient centered care. Really.



## CALL TO ACTION FOR ALLERGY AND ASTHMA

<http://callallergyasthma.eu>

A political Call to Action by the European Parliament Interest Group on Allergy and Asthma, coordinated by EAACI and EFA



**Public health**  
implementing European strategies and programmes across Member States



**Funding for research**  
advancing our understanding of allergy and asthma



**Prevention and early diagnosis**  
achieving early detection for timely and effective treatment



**Root cause analysis of diseases**  
addressing underlying triggers such as air quality, food allergens, chemicals



**Personalised medicine**  
working towards pioneering individualised treatment



**Economic benefit**  
reducing direct and indirect costs on health systems and society

Supported by **29 Members of the European Parliament, 176 non-profit organisations and over 4,000 individuals**






## YOU ARE NOT ALONE!

*Video from my son, Pontus*



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European Federation of Allergy and Airways Diseases Patients' Associations  
35 Rue du Congrès  
1000 Brussels  
Belgium

Website: [www.efanet.org](http://www.efanet.org)  
Email: [info@efanet.org](mailto:info@efanet.org)  
Twitter: @EFA\_Patients



